

## Development of Intelligent Powered Gait Orthosis for Paraplegic

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**Abstract :** In this study, we would be developed the fuzzy controlled PGO that controlled the flexion and the extension of each PGO's joint using the bio-signal and FSR sensor. The PGO driving system is to couple the right and left sides of the orthosis by specially designed hip joints and pelvic section. This driving system consists of the orthosis, sensor, control system. An air supply system of muscle is composed of an air compressor, 2-way solenoid valve(MAC, USA), accumulator, pressure sensor. Role of this system provide air muscle with the compressed air at hip joint constantly. According to output signal of EMG sensor and foot sensor, air muscles and assists the flexion of hip joint during PGO gait.

**Keywords:** Powered Gait Orthosis, fuzzy, air muscle, gait analysis

### 1. Introduction

It is a challenging task to make the paraplegic walk without the assist of the caregiver. RGO's (Reciprocating gait orthosis) have been introduced to assist the paraplegic to walk. An RGO is consisted of two KAFO's of which torso section on the top portion is a torso section including pelvic band. The patient wearing the RGO pushes the pelvic band backward with his/her trunk and one of leg braces moves forward. Thus he/she has to keep pushing the pelvic band in order to walk. Therefore during the gait with RGO, the energy expenditure is excessively great and the use of RGO is not widely accepted[1,2,3,4].

At KOREC, a prototype of a powered gait orthosis has been developed to reduce the energy consumption and the muscle fatigue. Each hip joint of the PGO is flexed by an air muscle operated by pressurized air enabling the patient to walk. The air muscle behaves like a human muscle and connects one side of the torso section to the upper part of the same side of the brace. The role of artificial muscle is to assist hip flexion during swing phase. Therefore, the patient can walk with less energy expenditure by using a PGO than using an RGO. The PGO a modification of an RGO incorporating two pneumatic muscle actuators(PMA), a compressed air system, pressure and joint angle sensors.

In the present study, PGO which controlled by fuzzy algorithm for hip flexion and evaluated in two SCI patients.

In addition, hip flexion angles and foot pressure were measured and analyzed for SCI patients who used the developed PGO with the three-dimensional motion analysis system.

### 2. PGO CONTROL SYSTEM

#### 2.1 Air muscle

The Air Muscle[5,6] is an extraordinary actuator that is small, light, and simple. It is soft, has no stiction, is easily controllable and exceptionally powerful. The Air Muscle consists of a rubber tube covered in braided plastic mesh shell which shortens in length like a human muscle when inflated with compressed air at low pressure.

An Air Muscle has a power-to-weight ratio as high as 400:1, vastly outperforming both pneumatic cylinders and DC motors that can attain a ratio of only about 16:1. It has been in continuous development for advanced robotics work by Shadow since 1982, and is now available for use in a variety of applications as a powerful, lightweight actuator. Air Muscles are normally operated using compressed air in the 0-70psi (0-5 bar) range. Figure 1 is a specification of air muscle in this experiment.


Thumbnails	Diameter	Length (active)	Weight (approx)	Pull (3.5 bar)	Max Pull
	20 mm	210 mm	40 g	12 Kg	20 Kg

Fig. 1 A specification of air muscle

#### 2.2 PGO system

The concept of the PGO driving system is to couple the right and left sides of the orthosis by specially designed hip joints and pelvic section. The driving system of powered gait orthosis(PGO)

consists of the orthosis, sensor, control system. An supply system is composed of an air compressor, 2-way solenoid valve(MAC, USA), accumulator, pressure sensor. Role of

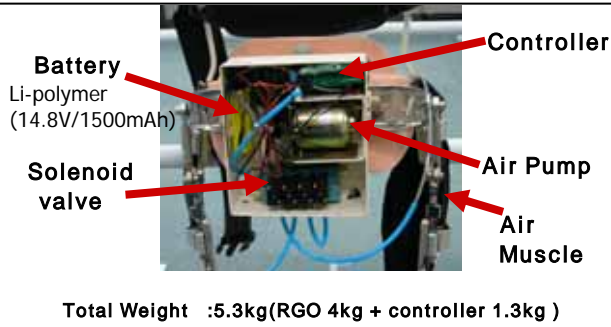


Fig 2.. PGO system

this system provide air muscle with the compressed air at hip joint constantly(Fig. 2).

The schematic diagram of the proposed fuzzy controller is shown in Fig 3. It consist of 2 sensor and fuzzy controller.

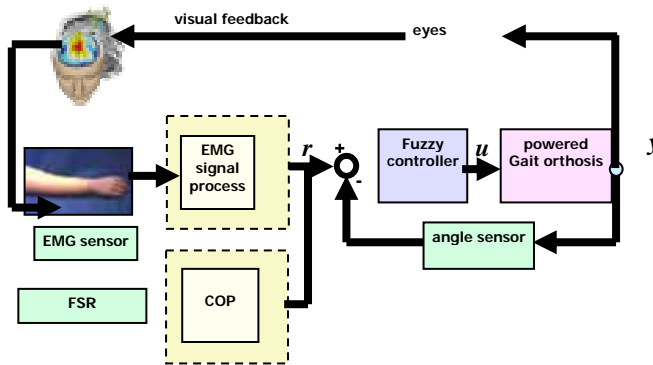


Fig 3. The schematic diagram

2.3 FSR signal fuzzy set

Force Sensing Resistors(FSR) are a polymer film device, which exhibits a decrease in resistance with an increase in the force applied to the active surface. For COP measurement, we attached 4 foot sensor and calculated COP. Figure 4 showed that 4 FSR force can calculate COP.

The gait cycle is defined as the time interval between to successive occurrences of one of the repetitive events of walking. Stance phase is between initial contact to to toe off ..

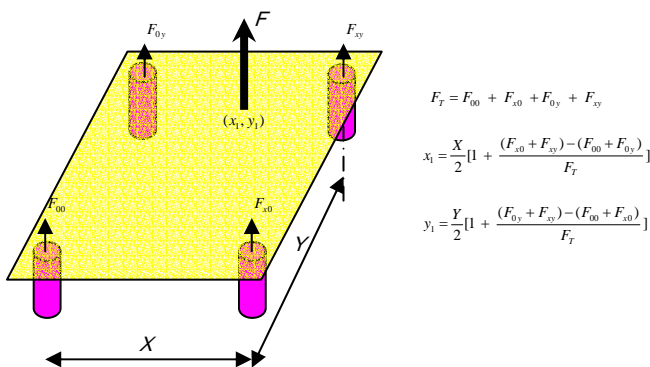


Fig 4. COP measure

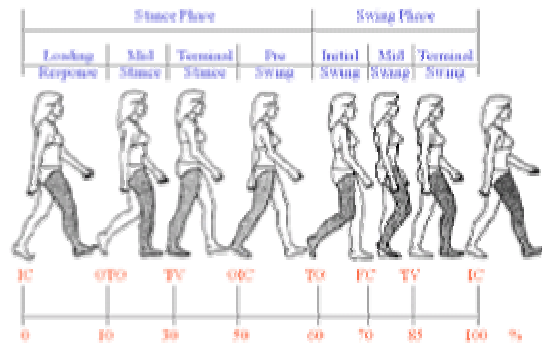


Fig 5. Gait Cycle

Figure 6. shown that a normal male subject COP movement. The trace shows initial contact at the back of the heel on the lateral side, with progression of the center of force along the middle of the foot to the metatarsal heads, where it moves medially, ending at the hallux. So horizontal COP movement can be represent the fuzzy set .

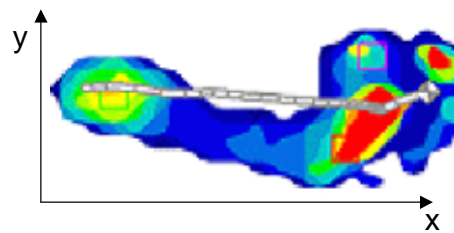


Fig 6. COP movement

The basic idea of fuzzy[7] set theory introduced by Zadeh(1965) allow the degree of membership u to vary between 0 and 1 continuously. In order to include the representation of COP in concept of fuzzy logic, the degree to which crisp values belong to a given fuzzy set is represented by a function known as a membership function. Typically, technical quantities are represented on the horizontal axis of the function and membership degrees on the vertical. Figure 7 show the membership function about COP movement.

2.3 EMG signal fuzzy set

EMG signal is the measured electric potentials produced by a voluntary contraction of muscle fibers. The frequency range of the EMG signal is within 0 to 2,000 [Hz] but the dominant energy is concentrated in the 30 to 500 [Hz] ranges, and the amplitude is limited to 0 to 10 [mV] (peak-to-peak) according to the muscle contraction [8]. Consequently, by measuring the amplitude of EMG signal, muscle activation can be detected because the amplitude of the EMG signal increases according to the increase of contraction force of muscle [9]. In this study, we apply smoothed MAV (SMAV) of the surface EMG to the

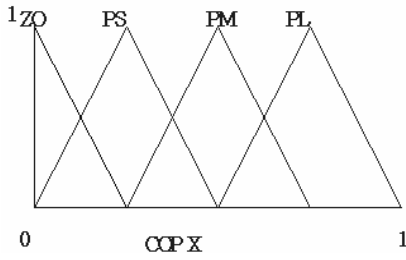


Fig 7. membership function e

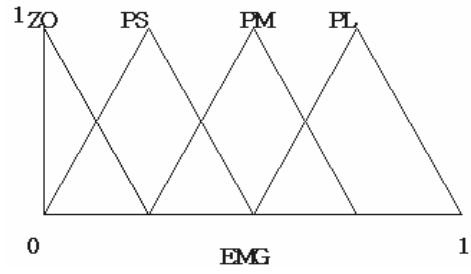


Fig. 9. membership function of EMG signal de

detection of muscle activation.

The SMAV is obtained by a signal processing from the surface EMG as shown in Fig. 8. To acquire the surface EMG from muscle, we use a commercialized active surface EMG electrode, DE-2.3, that contains a differential amplifier with 60 [dB] gain, and high pass filter (HPF) and low pass filter (LPF) with 20 [Hz] and 450 [Hz] cutoff frequency, respectively. Then, 60 [Hz] band rejection filter (BRF) filters off the power line noise from the output signal of the active electrode. We regard the signal  $x(t)$  as the EMG signal. From EMG signal  $x(t)$ , the MAV signal  $u(t)$  called integrated absolute value (IAV) [10] is generated by an MAV circuit composed of a full rectifier and an integral circuit with 20 [dB] DC gain. The MAV signal is modeled as

$$u(t) = \frac{K}{T} \int_{t-T}^t |x(t)| dt \tag{1}$$

where K is the DC gain, and T is the integral range implemented by circuitries such as resistance R and capacitance C, respectively. Finally, SMAV signal  $y(t)$  which ripples were eliminated is obtained using the first order RC LPF. By comparing  $y(t)$  with the DT value, the muscle activation is recognized. From the transfer

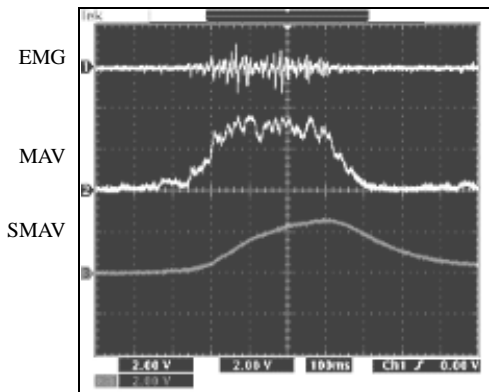


Fig. 8. Examples of signals; EMG, MAV, and SMAV

function of the RC LPF, the unit step function is obtained as

$$y(t) = 1 - e^{-\frac{t}{\tau}} \tag{2}$$

where  $\tau$  denotes the time constant to be in inverse proportion to the cutoff frequency as follows:

$$\tau = \frac{1}{2\pi f_c} \tag{3}$$

Accordingly, the response characteristic of LPF shows that LFP with lower cutoff frequency has longer time delay. To

realize a real-time myoelectric hand controller, the total processing time included the DT method should be not exceeding 300 [msec] [16]. In this study we design for the cutoff frequency of LPF to be used for smoothing MAV in order that the time delay is not exceeding 200 [msec]. It is known that the LPF with time constant reaches the steady state after the time. Hence, from (3) the cutoff frequency is obtained by the following constraint equation,

$$5\tau = \frac{5}{2\pi f_c} < 0.2 \tag{4}$$

From (4)  $f_c$  is obtained as 3.979. In this study we set 4 [Hz] to the cutoff frequency of the LPF.

Figure 9 shows the membership function of EMG.

#### 2.4 Fuzzy rule

Most fuzzy logic based systems use production rules to represent the relationships among the linguistic variables and to derive actions from sensor inputs. Production rules consist of a precondition (IF-part) and a consequence (THEN-part).

In Table 1, 16 fuzzy rule shows if then fuzzy rule for controlling PGO.

- r1 : If e is ZO and de is ZO then CI is ZO
- r2 : If e is ZO and de is PS then CI is ZO
- r3 : If e is ZO and de is PM then CI is ZO
- ...
- r14 : If e is PL and de is PS then CI is PM
- r15 : If e is PL and de is PL then CI is PL
- r16 : If e is PL and de is PS then CI is PL



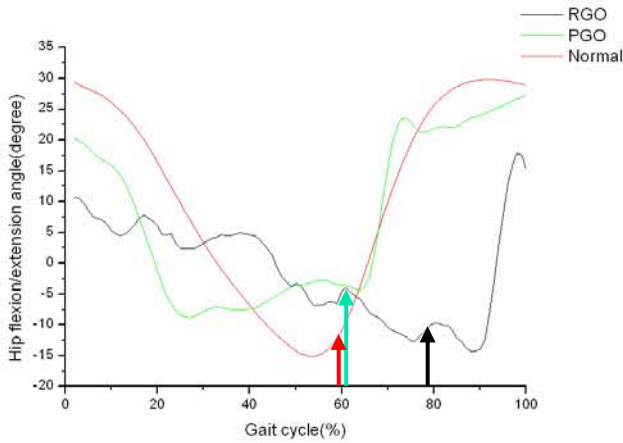


Fig 13. Hip flexion/extension angle

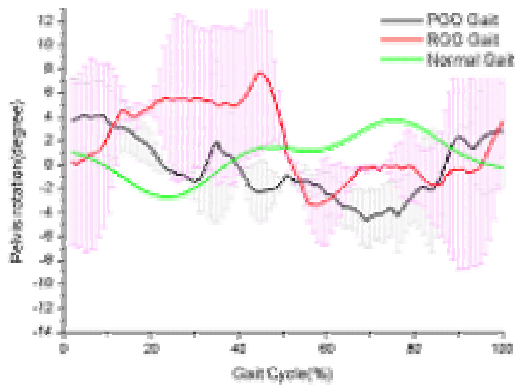


Fig 14. pelvic tilt angle

PGO and RGO gaits are due to the smaller step length. In normal gait, the duration of stance phase and swing phase are 60% and 40% of the total gait cycle respectively. In RGO gait, the duration of the swing phase is reduced since the hip joint is flexed by the rotation of the pelvic band. The hip flexion angle fluctuates during the stance phase as the movement of the body center is unstable.

On the other hand, in the PGO gait since the hip joint is flexed by the air muscle and not by the rotation of the trunk, the movement of the center of the body appears to be more stable than that in the RGO gait.

The ratio of the duration of the swing phase in PGO gait is  $63 \pm 8\%$  showing improvement from the RGO gait in which the duration of the swing phase is  $79 \pm 4\%$ . The gait speed is  $61 \pm 3$  step/min for RGO gait and  $77 \pm 2$  step/min in PGO gait respectively. During gait, the pelvic tilt is normally related to the balance of the body and the amount of energy consumption.

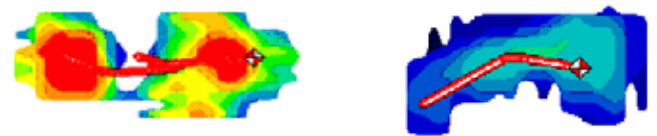
The pelvic tilt during the normal gait reduces the vertical movement of the hip joint and minimizes the vertical motion of the body center. In Figure 14, the pelvic tilts during the PGO and RGO gaits becomes larger than that of the normal gait. The reason is that since there are no knee flexion during

the PGO/RGO gait, larger pelvic tilt than that of the normal gait is needed for toe off. The fact that pelvic tilt during the PGO gait is relatively smaller than that of the RGO gait means that the movement of the body center is more stable in PGO gait because of the air muscle.

As shown in figure 15, at the initial heel contact during the normal person's level walking, the pressure distribution is concentrated on the part of heel and, at the terminal stance phase, heavy concentration of the pressure is found at the metatarsal part. As the mid stance the pressure distribution is almost even.

On the other hand, during the PGO gait, the pressure distribution conical shape concentrated on the heel and metatarsal at the initial heel center and through midstance. In RGO gait, at the terminal stance phase the pressure hill move back to the mid foot as the patients tries to change weight bearing to the other limb.

The COP during the normal gait, starts from posteriolateral of the heel at the initial contact and travel almost linearly along the lateral to the midline during mid-stance phase. Then it moves to the medial part of the foot with distinct pressure concentration on the metatarsal break. However, in case of PGO gait, the COP starts from the heel and proceed to the metatarsal. Then at the pre-swings phase the C.O.P moves to the mid foot. The positions of the foot on which the value peak pressure are heel, metatarsal and toes, During the PGO gait, the peak pressure at the heel is more larger than normal gait.



(a) RGO gait

(b) PGO gait

Fig 15. COP movement

### 5. CONCLUSION

In this paper a PGO using PMA's for SCI patients is proposed. As the hip flexion angle and the pelvic angle is decreased during the gait with PGO, the patient can walk faster. A PGO controlled by fuzzy controller was developed and found to useful. The EMG signals seems to be a good tool to detect the intention of ambulation of the paraplegic and the unintentional motion of the PGO can be removed by using the EMG signals. Therefore, the proposed PGO can be a very useful assistive device for the paraplegics to walk.

### 6. Acknowledgment

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